

# Hands-on Training Anatomical Bases in Rhinoplasty

Intensive Course. 5th edition · 9 hours dissection course · Limited to 10 attendees

**Course Directors:**

Dra. Núria Mir  
Prof. Anna Carrera

**Attendees:**

10 attendees; will be admitted in strict order of registration.

**Date:**

20/09/2024

**Course Venue:**

Dissection Laboratory. Anatomy Department of Medicine Faculty.  
Universitat de Girona. Emili Grahit 77, 17071 Girona, España.

**Included:**

- One specimen per attendee
- Basic dissection instruments
- Lunch and coffee breaks
- Social dinner

**Fees:**

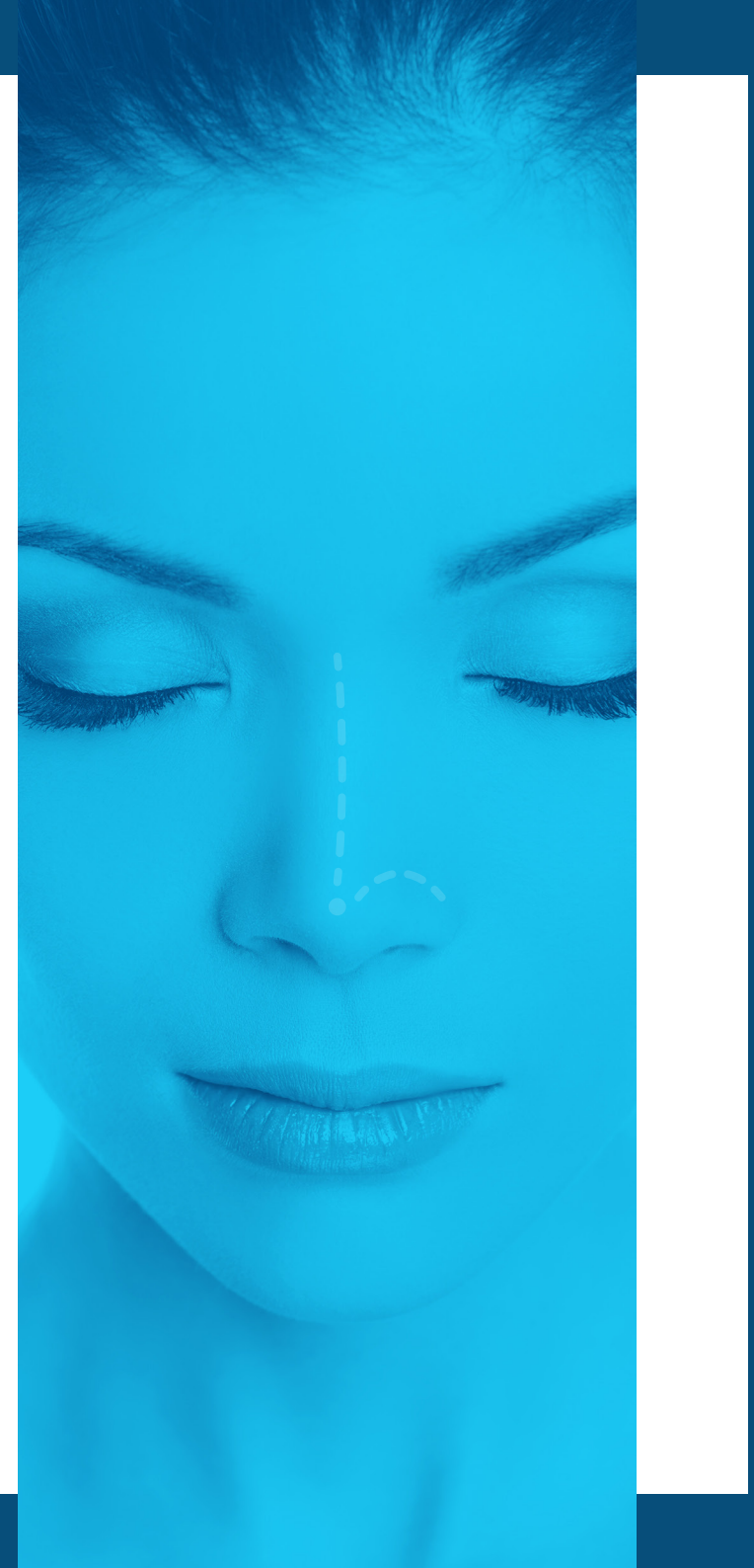
1.300 € (members EAFPS 1.105€) *Fees will be refunded except bank charges until 15th July 2024.*

**Official language:**

English

**Information and registration:**

Contact Mr. Lluís Comas (Technical Secretary): [rinoplastia.girona@gmail.com](mailto:rinoplastia.girona@gmail.com)



## Program:

Intensive one-day course of hands-on training with fresh cadaver dissection. Attender will work in one specimen.

This hands-on training course offers to review surgical anatomy of rhinoplasty through individual dissection work in cadaver. We want to stress that every participant will do a complete anatomical dissection on acquiring a better knowledge of the rhinoplasty procedure and will practice essential rhinoplasty techniques: alignment of the dorsal profile, tip surgery, preservation rhinoplasty.

### Theory session:

### Hands-on:

Surgical rhinoplasty anatomy keys and nasal proportion.

Skin dissection, nasal SMAS and ligaments, neuro-vascular plane.

Osseocartilaginous framework.

Anatomy of rhinoplasty approaches.

Structural rhinoplasty vs preservation rhinoplasty.

Dorsal profile alignment.

Theoretical bases.

Osteotomies.

Tip surgery

Suture techniques.

Tripod theory tip rotation and projection

Tip grafts.

Septal extension graft.

Alar base narrowing.

## Collaborators:



## Professors:



### Dra. Núria Mir Ulldemolins

Otorhinolaryngologist, her rhinoplasty skills were first developed with Spanish Cottle followers, thereafter she developed all different rhinoplasties skills during her career. Currently, rhinoplasty is her majority practice. She has published in Rhinoplasty and participated and organized different courses.



### Prof. Anna Carrera

Anatomist, Professor of Anatomy at the Universities of Barcelona, and Girona. She is interested in descriptive anatomy; she has prepared the anatomical dissections for rhinoplasty courses.

### Anatomical instructors:

Dr. Humbert Massegur  
Prof. Francisco Reina  
Dr. JR Gras  
Prof. Miquel Quer



## About Girona:

Girona city, only 65 km / 40 mi from the French border (100 km / 62 mi from Perpignan) and 100 km / 62 mi from Barcelona, is an excellent starting point for discovering the rich variety of landscapes in the province. The area includes the Costa Brava, one of the most internationally renowned Girona tourism brands, and the Pyrenees, an ideal destination for enjoying snow and mountain sports.

### How to get:



#### By train High speed line (AVE):

From Barcelona (38 min), Madrid, Paris, Lyon, Marsella. Train station 15 minutes by foot to course venue.



#### By Air:

Girona-Costa Brava Airport.



#### By road:

AP 7.

### Where to stay:

Girona is a city of cultural and tourist interest with a wide range of Hotels and Restaurants. For more information visit the official tourism page:

<https://www.girona.cat/turisme/eng/>